

Roseland

Performing Arts Company

Classes Offered

(see other side for days/times)

Preschool Ballet	This class level is based on the fundamentals of dance. The basic ballet positions are learned. Stories and music are used to develop rhythm, flexibility, coordination and spatial awareness.
Kindergarten Ballet	This class level continues to develop and strengthen ideas learned in Preschool Ballet. The dances become more structured, body alignment and proper technique become an important part of the class. This level also adds a broader vocabulary.
Ballet 6-8	This level, Students are introduced to the beginning ballet syllabus focusing on alignment, coordination, flexibility and strength. Bar work begins the class in order to strengthen and familiarize the dancer with the steps that are to be done in floor work.
Ballet 9-12	This level is a focus of understanding the relationship between music, rhythm and controlled movement with proper ballet technique.
Ballet 13+	This level, New and more complex material will be taught at an accelerated pace. Classes will expand on the students creative abilities through the practice. Students will develop a poise and ability to perform confidently in front of others.
Beginner Pointe	You must be at least 10 years old for pointe class. You must have ballet experience and technique (the artistic director will decide if you are ready for pointe class). You also must be in a current ballet technique class to attend pointe class.
Jazz/Tap 7-9	This class offers the students a chance to become acquainted with both Jazz and tap. Basic technique is taught. Class is divided evenly between tap and jazz. At this age, both tap and jazz help to develop concentration, coordination, strength, and rhythm.
Jazz 6-8	Basic combinations of rhythmic and percussive movements are introduced with traditional forms of jazz.
Jazz 9-12	This class continues to develop musicality and begin more difficult isolations. Using the steps previously learned, this level should be able to form small combination and execute them with fair technique and precision.
Jazz 13+	This level, is a continuing level for developing musicality. large combinations are executed with more ease. Students will develop a poise and ability to perform confidently in front of others.
Musical Theater	Students will be singing and dancing while learning age appropriate musical theater chorus numbers from different shows, as well as learning solo songs that can be used for auditioning for musicals. Vocal technique will also be introduced.
Intensive Level 6-8	Our new intensive levels were created for serious students and those that wish to participate in more activities that the Roseland Performing Arts offers.
Intensive Level 9 & up	Students in this age group are required to take one ballet class per week and two electives per week. All intensive levels are invited to participate in extra performances and workshops that the school offers.
Adult Classes	All adult classes are beginner levels. These classes focus on body awareness, flexibility, and basic technique. Adult classes are a great way to alleviate stress, increase flexibility, and at the same time exercising and having fun doing it.